

Clinton Church of Christ

500 N. Main Street
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Clinton, TN 37717
(865) 457-0803

www.clintonchurch.com
churchofchristclinton@gmail.com

Elders:

Herman Herren	494-7330
Dale Mowery	927-5001
Dwight Nicholson	494-9425
Mike Smith	457-7877

Deacons:

Jim Ashworth	405-2757
Bob Hamby	457-7982
Hobert Humphrey	661-5088
James McCrary	740-3066
Daniel McInturff	931-409-2781
Glen Morgan	274-3990
Eric Mowery	748-7129
Tim Nygard	482-4103
Hubert Sharp	494-8537
Joey Smith	773-8259

Preacher:

Richard Bentley	264-0560
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*A friendly church with
a saving message*

WORSHIP TIMES

Sunday

Bible Class 10:00 AM
Worship 11:00 AM
Worship 6:00 PM

Wednesday

Bible Class 7:00 PM

GOD'S PLAN OF SALVATION

- **Hear** the Gospel (*Romans 10:17; Acts 16:32-34, 1 Cor. 15:1-2*)
- **Believe** Jesus is the Son of God (*John 8:24; Hebrews 11:6*)
- **Repent** of your sins (*Luke 13:3; Acts 17:30*)
- **Confess** faith in Jesus Christ (*Romans 10:9-10; Matt. 10:32*)
- **Be Baptized** (immersed) for forgiveness of your sins (*Acts 2:38; John 3:5; Rom 6:3, 4*)
- **Live Faithfully** (*2 Peter 1:10-11; Revelation 2:10*)

Our Mission Works

Garry Jones – India
The Mustard Seed Village, The
Rainbow Village for Girls, & The
Spiritual Sword Bible Institute,
Antioch Program

Scott Shanahan – Ireland

Please follow us on



Serving the Congregation Oct 1, 2017

	AM	PM
Song Leaders:	Joey Smith	Ben Smith
Opening Prayer:	Jim Ashworth	Dale Mowery
Lord's Table:	Dwight Nicholson, Bob Hamby, Greg Jernigan, Herman Herren	
Closing Prayer:	Daniel McInturff	Tim Nygard
PM Table:	Tim Melton	
Announcements:	Stump Smith	
Usher:	Jim Ashworth	

Wednesday evening: Oct 4, 2017

Song Leader:	Joey Smith
Invitation:	Richard Bentley
Announcements:	Stump Smith

FOR THE RECORD

Sunday AM

Bible Study	70
Worship	112
Contribution	\$2425

Sunday PM

Worship	44
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Wednesday

Bible Study	52
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Clinton Chronicle

Oct 1, 2017

A Little Bit of R&R

Brett Petrillo

According to a Greek legend, in ancient Athens a man noticed the great storyteller, Aesop, playing childish games with some children. The man laughed and jeered at Aesop, asking him why he wasted his time in such frivolous activity. Aesop responded by picking up a bow, loosening its string, and placing it on the ground. Then he said to the critical Athenian, "Now, answer the riddle if you can. Tell us what the unstrung bow implies." The man looked at it for several moments but had no idea what point Aesop was trying to make. Aesop explained, "If you keep a bow always bent, it will break eventually; but if you let it go slack, it will be more fit for use when you want it."

In many ways, people are like a bow. We put a lot of strain and pressure on ourselves. If we continue on for a long period of time with this type of stress, we too will break.

When we are tired, how much easier is it to snap at someone (usually a family member)? Why do arguments and problems seem much more serious right before bed? When we are worn out, it is amazing how much worse things seem to be in contrast to how they really are. Sometimes we just need to take extra time to refresh our mind and body. Here are some listed benefits to a bit of R&R:

- It reduces blood pressure.
- It decreases muscle tension.
- It reduces stress.
- More energy.
- Increased concentration.
- Better problem-solving abilities.
- Smoother emotions (Less anger, crying, anxiety, frustration, etc).

Several times throughout scriptures we find indications that we need to take time and rest. In Exodus 20:8-11, God commanded for there to be a day of rest. Genesis 2:2 and Hebrews 4:4 indicate that even God rested from all the work He did after creating the universe. Also, in Mark 6:31, Jesus told His disciples, "Come away by yourselves to a secluded place and rest a while."

Obviously, there is much to be gained by taking some time to rest and relax. When we take the time to rest we will have a better relationship with our family, friends, co-workers, and just about everyone else. When we take the time to rest we will be at our best physically, emotionally, and spiritually. We will be at our best for the Lord if we take the time to "loosen the bow." In this fast pace life and society in which we live, let's remember that even the Bible tells us that sometimes we need a little R&R.

If you're visiting with us today – WELCOME! – We're glad you're here!

CLINTON CALENDAR

Oct 11	Silver Saints
Oct 28	Trunk-or-Treat
Oct 29	Song Service/Fingerfoods
Nov 18	Youth Service Project Day
Nov 22	Thanks-Singing
Nov 26	Singing/No Fingerfoods
Dec 8	Youth Progressive Dinner

HURRICANE RELIEF EFFORT

The Churches of Christ Disaster Relief Effort is working diligently to send aid to those affected by Hurricanes Harvey & Irma. Donations can be made online at www.disasterreliefeffort.org or by mailing a donation to:

Churches of Christ Disaster Relief Effort, Inc.
PO Box 111180
Nashville, TN 37222-1180

PARDON THE MESS

Our pews that were affected by the building flood several weeks ago have been repaired. Many thanks to C & S Restoration for the great job. New flooring will be installed within the next several weeks as well. Thanks for bearing with us as we continue to clean up and get "the house" back in order!

FOOD LIST

A list is available in the foyer for those who might want to bring food to Georgia Herren. The list details what she is able to have. Please see Herman with any questions.

DID YOU KNOW.....?

The Clinton congregation turns 75 years old in 2018! The first meeting was in February of 1943. Be looking forward to our 75th Anniversary Homecoming next year!

CONGRATULATIONS

Congrats to Dustin & Laura Williams upon their wedding yesterday evening!

CYC 2018

Believe it or not, it's time to start planning for Challenge Youth Conference, Feb. 23-25, 2018 in Pigeon Forge. Be making plans now to go; we open this trip up to youth of any age and their families. See Joey Smith with any questions.

YOUTH SPOTLIGHT

Josh Patton will play in a Championship Football game on Thursday, Oct. 5 for the Clinton Middle School Hawks. The game will be played at the Clinton High School football field. We wish you lots of luck and a great game, Josh! Go Hawks!

TRUNK-OR-TREAT

Be looking forward to our annual Trunk-or-Treat on Saturday, Oct. 28. We invite everyone to come set up in our parking lot, decorate your car trunk, and hand out candy to the hundreds of visitors we will have come through that evening. No scary costumes, please! Following the event, we will enjoy a potluck chili supper back in the building. Additional details will come soon!

AREA EVENTS

LADIES DAY

Morristown Church of Christ: Oct 7 with speaker Jane Washington

FALL FESTIVAL & CAR EXPO

Knoxville Christian School: Oct. 7 from 9am to 9pm. They are accepting vendors for the arts and crafts fair and classic car display.

AREA-WIDE YOUTH DEVOTIONAL

Norwood Church of Christ: Oct 15 at 4:00pm

GOSPEL MEETING

Lenoir City Church of Christ: Oct 15-18 with speaker Will Hanstein

Please see the bulletin board and table in the foyer for more info on these area happenings.

PRAYER REQUESTS

Jackie Patton went to the hospital last week for dizziness and high blood pressure. She has a follow up appointment with doctors this week to determine the cause.

Elbert Hash, Bunny Nash's brother, is now under hospice care.

Georgia Herren is at home.

Gail Sharp had a chemo treatment last week. She will have chemo once every three weeks for a total of 6 chemo treatments.

Cody Sharp got good news that he will not need a pacemaker. Doctors believe his issue is related to neurology and his height. He will be unable to drive for the next 3 months.

Cindy Foster, Katie Tidwell's mother, had back surgery.

Teri Blesi, Janella Melton's daughter, continues to have success with her cochlear implants.

Brenda Jennings continues to need our prayers as she is struggling with health problems.

Hubert Sharp's mother is recovering well from a broken hip.

Lynn Hawkins, a friend of the Busheys, is on dialysis and only has 10% use of his kidneys.

Ben Barbee, Susan Olsen's father, suffered a stroke.

Lisa Carr, Sherry Bushey's daughter and Carol Burt's niece, continues to battle MS.

Thelma Merrill continues to need our prayers.

Audrey Egerton, newborn great-niece of Gail Sharp, continues to need our prayers.

Bejin from the Mustard Seed Village, has been diagnosed with tuberculosis.

We want to remember in prayer the members of the **Burnette Chapel Church of Christ** in Antioch (Nashville), TN where a mass shooting took place last Sunday. Sister **Melanie Crow Smith** passed away. **Linda Bush, Donald & Marlene Jenkins, Joey & Peggy Spann, Catherine Dickerson, and Caleb Engle** were all injured. The congregation met back for regular services on Wednesday.

Continue to remember: Jack Almroth, Rimikay Bachelor, Donna Benjamin, Bejin, Beverly Burt, Kim Burt, Steve Burt, Lee Carden, Lisa Carr, the Caylor family, Lakhilata Chakma, Audrey Lynn Egerton, Melissa Everetts, Nasha Foster, Bernice Hammock, Dicey Humphrey, Beulah Jackson, Polly Keck, Lee LaMay, Connor Livingston, Mary Majors, Sharon Martin, Norma Jean McGhee, Carolina Grace McClemore, Betty McInturff, Carolyn Mitchell, Becky Monday, Jean Perkins, Joel Peters, Anna Phillips, Carolyn Scruggs, Misty Smith, Flossie Spradling, Joyce Stearsman, Elaine Stevenson, Cheryl Taylor, Denzil Thompson, Darlene Thurman, Andrew Verble, Harrison Waldron, Thomas Wales, Steve Yearwood, Agge Yobin

Cancer Treatment: Rachel Austin, Josh Deaton, Joe DeLucia, Gail Foust, Elbert Hash, Betty Holt, Gabe Martin, Belle McCoy, Rhonda Perkins, Gail Sharp, Joshua Stokes, Tiffany Vann, Jean Weaver, Gail Wilkinson

Shut-In: *At home* – Mary Gilley, Ken Smith, Elmira Trentham; *Morning Pointe* – Jo Rutherford; *The Waters of Clinton* – Jean Dye, Jimmy Redden; *Cumberland Village LaFollette* – Ella Mae Burchfield; *Summit View* – Ann Nygard

PRAYER LIST UPDATES

Please help us keep our Prayer List current and up-to-date. If you know of anyone that may have recovered and no longer needs to be listed as sick, please let Joey Smith know.